

Nutrition Colloquium Computerized Examination

Student Rules and Regulations during Exam in Nutrition:

- You should arrive to the exam at 8 am. The start of the exam is at 9 am.
- Present your exam card and personal ID on the day of the exam.
- No cellular phones are allowed into the examination room.
- Calculators may be used for the exam; your calculator may be inspected during the exam.
- You will be provided with Formulas and Charts to assist you in answering the questions. These should be returned to the examiners after use.
- The duration of the exam is 60 minutes (1 hour).
- The total number of questions is 50.
- Questions will be available in both French and English languages.
- For each question there will be 5 possible answers (a, b, c, d and e). Please select only 1 answer that best answers the question.
- The minimum passing grade is 10/20 or 50%.
- The exam results will be posted on the same day as the exam at the Lebanese University – Hadath and the Ministry of Education – Colloquium Division – 6th Floor.

Exam Categories in Nutrition:

Obesity, Diabetes, Cardiovascular Disease, Metabolic syndrome
Metabolic stress (sepsis, trauma, burns, surgery), Cancer, Enteral and Parenteral Nutrition
Renal Disorders, Upper and Lower Gastrointestinal (GI) Tract Disorders, Hepatobiliary and Pancreatic disorders, Hematology/anemia
Nutrition in the Life Cycle- Preconception, Pregnancy, lactation, Pediatrics, Adolescence, Geriatrics
Community Nutrition
Food service
Basic nutrition

Main References Required to Study for the Exam:

1. *Nutritional Assessment*
Lee, R.D., & Nieman, D.C. (2012). *Nutritional Assessment* (6th edition). New York: Mc Graw Hill Co.
2. *Medical Nutrition Therapy:*
Mahan, L.K., Escott-Stump, S., and Raymond, J.L. (2012). *Krause's Food and the Nutrition Care Process*. (13th edition). Missouri: Saunders.
3. *Foodservice Management:*
Payne-Palacio, J. & Theis, M. (2012). *Foodservice Management: Principles and Practices*. (12th edition). Upper Saddle River, NJ: Pearson Prentice Hall.
4. *Nutrition in the Lifecycle*
Brown, J.E. (2013) *Nutrition through the life cycle*. (5th edition), USA: Cengage Learning.
5. *Community Nutrition*
Boyle, M.A. and Holben, D.H. (2013) *Community Nutrition in Action: An Entrepreneurial Approach*. International Edition, 6th Edition. California, USA: Cengage Learning.

Additional Recommended References:

- Academy of Nutrition and Dietetics' online *Nutrition Care Manual*.